

Weilers Hosting get-together for RNSC members Jan 31, 2009

Ski if there is snow, hike if not. There is a nice system of trails and generally a sampling of unusual foods. Be there on Saturday, Jan. 31, 2009, 1-4 PM for the fun! More info can be had by calling 533-1438. Address is 7829 West Henrietta Rd., 1.6 miles south of exit 11 on 390.

Mendon Pond Winterfest a Great Success!

Thanks to the hard work of Ken Hahn and many volunteers (and the cooperation of the snow and weather) the park was absolutely filled with people enjoying the many events.



Mendon Ponds Winterfest 2009

Thought of the month

Steer with your belly button!
(point your mid-section the direction you want to go before you start pointing your feet)

Nordic Ski Club Meeting (Visitors are welcome!) Thursday, Feb 5, 2009 , 7pm

Meeting Topic:

A trip to Garnet Hill Lodge and Lapland Lake

- review , photos, and comments of snow, trails, food, lodging, and more.
- one of these destinations has much better trails than the other- come to the meeting- all will be revealed!
- this is my presentation, so if you like my newsletters, you will like this talk! Gr

-Food! Chocolate "Winterfestival"!

Bring a chocolate-based dish to pass if you can.

As usual at these meetings, snacking, ski tales, (tall and standard) equipment chitchat, and assorted camaraderie will also occur.

Meeting Location:

Carmen Clark Lodge, Brighton Town Park
Haudenosaunee Trail (the name of the road)
(~1/4 mile West of Clinton Avenue off of
Westfall Road south side)
(A smoke-free, alcohol-free environment)

Need New Snow tires? Consider the Nokian WR G2

Drive a lot of places with a lot of snow (you are a XC skier after all!)? You might want to consider All Weather Snow tires.

Regular all season tires do poorly in snow but Nokian WR G2 tires are snow tires made from an all season rubber compound. They have snow tire ratings, have silica ice gripper compound built into the rubber as well as wider tread, and can be left on the car year round. Because the rubber is not based on the soft winter compound, the tire can survive use in the heat of summer and provide a decent life. Not cheap, but good tires aren't.

**Rochester Cross Country Ski Foundation
News**

Thanks to the Foundation for Grooming!

The grooming at Mendon Ponds has been superb! More trails than ever are being groomed and the quality is excellent. Support the foundation with a contribution today. Grooming would be gone if not for them.

The trail use education signs (i.e.: don't walk on the ski tracks) have really been working. On a busy weekend I noticed two complete trails that had a neat set of tracks down the center of the trail and equally neat snowshoe tracks (lots of them!) on the left and right sides. More signs would be good, it is a big park!

The Foundation has a need for a Webmaster! Major experience not required.

<http://xcrochester.com/new/contact.asp#>

Support the Foundation and its efforts to have more and better-groomed trails!

[Click Here for Foundation Membership Form](#)

Rochester Nordic Ski Club
PO Box 22897
Rochester, NY 14692

ADDRESS CORRECTION REQUESTED

This edition of the RNSC January newsletter is abbreviated and running late for two reasons;

- 1) The snow in December was very good and I was out skiing a lot.
- 2) The motherboard on my computer suddenly gave up the ghost and it was a while to get a fresh computer going and getting access to my original files.- Gary



Mendon Ponds Winterfest 2009